

## 5 Best Practices for Helping Conversations

Adult learning theory, psychology, and brain science point us toward effective learning practices. Incorporating these 5 practices in your helping conversations will increase learning and results.

### We'll Go After...

1. What makes a helping conversation effective?
2. 5 best practices.
3. How using The COACH Model® will increase your results.



## Five Best Practices

### 1. Be relational - Connect

---

---

---

### 2. Find out the learner's agenda - Outcome

---

---

---

**What would you like to focus on today?**  
**What makes this important to you right now?**  
**What result would you like to take away from our conversation?**

### 3. Learner reflection, not your advice, is the point - Awareness

---

---

---

---

---

#### 4. Invite the learner to apply their insights - Course

---

---

---

---

#### 5. Give the learner the last word - Highlights

---

---

#### Highlights

1. What did you (re)learn?

---

---

2. How will you implement your learning?

---

---

### About The Presenter

**Dr. Keith Webb**, PCC, is passionate about empowering leaders to multiply their leadership impact. Keith is President of Creative Results Management with ICF-approved courses. He is the author of *The COACH Model for Christian Leaders* and *Coaching In Ministry* and posts leadership articles at [keithwebb.com](http://keithwebb.com).

**Free downloads from:** <https://creativeresultsmanagement.com/downloads>

- “50 Powerful Coaching Questions”
- “The Coaching Roadmap: How To Become A Professionally Trained & Certified Coach”